

# Pre-Conference Workshop: IU Talk Mastering Tough Conversations

**March 2nd, 2023 8:00am- 4:30 PM**

*Regenstrief Institute | 1101 West 10th Street | Indianapolis, IN 46202*

Every day, the practice of Hospice and Palliative Care involves conversations with patients and families that are highly emotional. IU Talk, which is affiliated with the highly respected Vital Talk Program ([VitalTalk.org](https://VitalTalk.org)), provides constructive communication skills needed when navigating conversations about serious illness. Research shows that effective communication reduces unnecessary treatments and suffering for patients and their loved ones.

Challenging conversations include talking about:

- Why status quo treatments are no longer working
- Prognosis
- The need to consider a change in location of care (e.g. transfer from home to a facility)
- Starting hospice (at times, also stopping hospice)
- Many other topics

IU Talk provides a supportive venue for considering ways to better manage difficult conversations. This full-day workshop will be experiential, with each participant working in a small group to navigate some challenging cases. At the end of the day, each participant will take away new techniques to help nurture healthier relations with patients and families.

IU Talk faculty have years of experience in guiding sessions and have worked with various groups around the state of Indiana, including Hospice and Palliative Care providers as well as providers from other specialties.



## Accreditation Statement

In support of improving patient care, Indiana University School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Nurses

Indiana University School of Medicine designates this activity for a maximum of 7.0 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

## Physicians

Indiana University School of Medicine designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Social Workers

Indiana University School of Medicine has been approved by the Indiana Social Worker, Marriage and Family Therapist and Mental Health Counselor Board to provide Category I Continuing Education program. This activity qualifies for 7.0 Category I CEU as outlined by the Indiana Behavioral Health and Human Services Licensing Board.