

**American Sexual Health Association**  
**Genitourinary Syndrome of Menopause: Provider and Patient Prospective Webinar**  
**Bibliography**

American College of Obstetricians and Gynecologists Committee on Gynecologic Practice and the American Society for Reproductive Medicine Practice Committee. Committee Opinion Number 532: Compounded bioidentical menopausal hormone therapy. 2012; reaffirmed 2018.

<https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Gynecologic-Practice/Compounded-Bioidentical-Menopausal-Hormone-Therapy?IsMobileSet=false>. Accessed September 11, 2019.

American College of Obstetricians and Gynecologists. Committee Opinion Number 659: The use of vaginal estrogen in women with a history of estrogen-dependent breast cancer. March 2016.

<https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Gynecologic-Practice/The-Use-of-Vaginal-Estrogen-in-Women-With-a-History-of-Estrogen-Dependent-Breast-Cancer?IsMobileSet=false>. Accessed September 13, 2019.

American College of Obstetricians and Gynecologists: Fractional Laser Treatment of Vulvovaginal Atrophy and U.S. Food and Drug Administration Clearance. May 2016. <https://www.acog.org/Clinical-Guidance-and-Publications/Position-Statements/Fractional-Laser-Treatment-of-Vulvovaginal-Atrophy-and-US-Food-and-Drug-Administration-Clearance>. Accessed September 11, 2019.

Farrell E. Genitourinary syndrome of menopause. *Australian Family Physicians*. 46(7);2017:481-484.  
<https://www.racgp.org.au/afp/2017/july/genitourinary-syndrome-of-menopause/>. Accessed September 25, 2019.

Faubion SS et al. Genitourinary syndrome of menopause: Management strategies for the clinician. *Mayo Clinic Proceedings*. December 2017;92(12):1842–1849.  
[https://www.mayoclinicproceedings.org/article/S0025-6196\(17\)30639-0/pdf](https://www.mayoclinicproceedings.org/article/S0025-6196(17)30639-0/pdf). Accessed September 25, 2019.

Gandhi J, Chen A, Dagur G, Suh Y, Smith N, Cali B, Khan SA. Genitourinary syndrome of menopause: an overview of clinical manifestations, pathophysiology, etiology, evaluation, and management. *Am J Obstet Gynecol*. December 2016;704-711. [https://www.ajog.org/article/S0002-9378\(16\)30518-X/pdf](https://www.ajog.org/article/S0002-9378(16)30518-X/pdf). Accessed September 11, 2019.

Huang AJ, Gregorich SE, Kuppermann M, et al. Day-to-Day Impact of Vaginal Aging questionnaire: a multidimensional measure of the impact of vaginal symptoms on functioning and well-being in postmenopausal women. *Menopause*. 2015;22(2):144–154.  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4280352/>. Accessed September 18, 2019.

Im EO, Ko Y, Chee W. Ethnic differences in the clusters of menopausal symptoms. *Health Care Women Int*. 2014;35(5):549–565. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3989458/>. Accessed September 18, 2019.

International Society for Sexual Medicine. What is pelvic floor physical therapy? <https://www.issm.info/sexual-health-qa/what-is-pelvic-floor-physical-therapy/>. Accessed September 11, 2019.

Kellogg Spadt S, Iorio J, Yonaitis Fariello J, Whitmore KE. Vaginal dilation: When it's indicated, and tips on teaching it. *OBG Management*. 2012;24(2):12-18. [https://mdedge-files-live.s3.us-east-2.amazonaws.com/files/s3fs-public/Document/September-2017/2412OBG\\_Kellogg.pdf](https://mdedge-files-live.s3.us-east-2.amazonaws.com/files/s3fs-public/Document/September-2017/2412OBG_Kellogg.pdf). Accessed September 11, 2019.

Kingsburg SA, Iglesia CB, Kellogg S, Krychman ML for the Association of Reproductive Health Professionals. Handbook on female sexual health and wellness. 2001.

Krapf JM. What is the role of vaginal pH in the diagnosis of vulvovaginitis? (2018) <https://www.medscape.com/answers/2188931-94684/what-is-the-role-of-vaginal-ph-in-the-diagnosis-of-vulvovaginitis>. Accessed September 25, 2019.

Krychman ML. Vaginal atrophy: The 21<sup>st</sup> century health issue affecting quality of life. *Medscape Ob/Gyn*. 2007. Accessed May 16, 2012 at <http://www.medscape.org/viewarticle/561934>.

Lehman RA. Clinical Approach to Recognizing and Managing a Patient With Vaginal Atrophy: A Guide for Physician Assistants. *The Internet Journal of Academic Physician Assistants*. 2010; 8(1). DOI:10.5580/13.

Mac Bride MB, Rhodes DJ, Shuster LT. Vulvovaginal atrophy. *Mayo Clin Proc*. 2010;85(1):87–94. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2800285/>. Accessed September 6, 2019.

Mayo Clinic. Vaginal Atrophy. <https://www.mayoclinic.org/diseases-conditions/vaginal-atrophy/diagnosis-treatment/drc-20352294>. Accessed September 9, 2019.

Nappi RE, Palacios S. Impact of vulvovaginal atrophy on sexual health and quality of life at postmenopause. *Climacteric*. 2014;17(1):3-9. <https://www.ncbi.nlm.nih.gov/pubmed/24423885>. Accessed September 18, 2019.

North American Menopause Society. Approved Prescription Products for Menopausal Symptoms in the United States and Canada (Updated February 2016). <http://www.menopause.org/docs/default-source/professional/nams-ht-tables.pdf>. Accessed September 16, 2019.

North American Menopause Society. Clinical Care Recommendations, “Chapter 1: Menopause.” <http://menopause.org/publications/clinical-care-recommendations/chapter-1-menopause>. Accessed September 4, 2019.

North American Menopause Society. Clinical Care Recommendations, “Chapter 5: Clinical Care and Counseling.” <http://menopause.org/publications/clinical-care-recommendations/chapter-5-clinical-evaluation-and-counseling>. Accessed September 25, 2019.

North American Menopause Society. Clinical Care Recommendations, “Chapter 8: Prescription Therapies.” <http://menopause.org/publications/clinical-care-recommendations/chapter-8-prescription-therapies>. Accessed September 16, 2019.

North American Menopause Society. Nonhormonal management of menopause-associated vasomotor symptoms: 2015 position statement of the North American Menopause Society. *Menopause* 2015; 22(11):1155-1174. <http://www.menopause.org/docs/default-source/professional/2015-nonhormonal-therapy-position-statement.pdf>. Accessed September 17, 2019.

North American Menopause Society. The 2017 hormone therapy position statement of The North American Menopause Society. *Menopause*. 24(7);2017:728-753.

<http://www.menopause.org/docs/default-source/2017/nams-2017-hormone-therapy-position-statement.pdf>. Accessed October 23, 2019.

Paraiso MFR, Ferrando CA, Sokol ER, Rardin CR, Matthews CA, Karram MM, Iglesia CB. A randomized clinical trial comparing vaginal laser therapy to vaginal estrogen therapy in women with genitourinary syndrome of menopause: The VeLVET trial. *Menopause*. 2019 Sep 30. doi: 10.1097/GME.0000000000001416. [Epub ahead of print]

Portman JD, Gass MLS. Genitourinary syndrome of menopause: new terminology for vulvovaginal atrophy from the International Society for the Study of Women's Sexual Health and The North American Menopause Society. *Menopause*. 2014;21(10):1063-1068. <http://www.menopause.org/docs/default-source/2014/gsm-paper.pdf>. Accessed September 5, 2019.

Sadovsky R, Alam W, Eneclilla M, Cosiquien R, Tipu O, and Etheridge-Otey J. Sexual problems among a specific population of minority women aged 40–80 years attending a primary care practice. *J Sex Med*. 2006;3:795–803.

Santoro N. Perimenopause: From research to practice. *J Womens Health (Larchmt)*. 2016;25(4):332–339. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4834516/>. Accessed September 5, 2019.

University of Iowa Hospitals and Clinics. Quick tips for medical providers of transgender patients. 2017. <https://uihc.org/health-topics/quick-tips-medical-providers-transgender-patients>. Accessed September 25, 2019.

van Reenen M, Janssen B. 2015. EQ-5D-5L user guide: Basic information on how to use the EQ-5D-5L instrument. [https://euroqol.org/wp-content/uploads/2016/09/EQ-5D-5L\\_UserGuide\\_2015.pdf](https://euroqol.org/wp-content/uploads/2016/09/EQ-5D-5L_UserGuide_2015.pdf). Accessed September 18, 2019.

World Professional Association for Transgender Health (2012). Standards of Care for the Health of Transsexual, Transgender, and Gender-Nonconforming People. [https://www.wpath.org/media/cms/Documents/SOC%20v7/Standards%20of%20Care\\_V7%20Full%20Book\\_English.pdf](https://www.wpath.org/media/cms/Documents/SOC%20v7/Standards%20of%20Care_V7%20Full%20Book_English.pdf). Accessed September 5, 2019.