





AMSSM/SOUTH BEND

SPORTS ULTRASOUND; INCLUDING INJECTIONS

BEGINNING LEVEL COURSE

CADAVER (FRESH TISSUE)
INJECTION WORKSHOP

CME CREDIT AVAILABLE

LIMITED REGISTRATION

JANUARY 10-12, 2020

South Bend, IndianaIndiana University School of Medicine

All educational sessions will be held at Indiana University School of Medicine - South Bend.



FACULTY

Stephen M. Simons, MD, FACSM, RMSK

Course Director, St. Joseph's Regional Medical Center; Co-Director, South Bend – Notre Dame Sports Medicine Fellowship Program, South Bend, Indiana

J. Bryan Dixon, MD

Advanced Center for Orthopedics, Marguette, Michigan

David M. Harsha, MD

Head Team Physician, DePauw University, Hendricks Regional Health Sports Medicine, Danville, Indiana

Brian Jacobs, MD

Primary Care Sports Medicine and Family Medicine of South Bend, South Bend, Indiana

Chris Jordan, MD, ATC

St. Joseph's Sports Medicine Institute, Mishawaka, Indiana; Associate Director, South Bend – Notre Dame Sports Medicine Fellowship Program, South Bend, Indiana

Joel Kary, MD

St. Vincent Sports Performance; Team Physician, Butler University, Indianapolis, Indiana

Francis G. O'Connor, MD, MPH, RMSK

Professor and Chair, Uniformed Services University of the Health Sciences, Department of Military and Emergency Medicine, Bethesda, Maryland; Past President, American Medical Society for Sports Medicine

COURSE DESCRIPTION/TARGET AUDIENCE

This course is designed for physicians who wish to acquire and/or enhance their skills in diagnostic sports ultrasound and ultrasound-guided injections of common musculoskeletal problems. There will be significant hands-on experience in both diagnostic scanning and injections in the (fresh) cadaver lab as well as ample opportunity for participants to ask questions and interact with faculty.



COURSE LOCATION

All educational sessions will be held at:

Indiana University School of Medicine - South Bend Harper Hall 1234 Notre Dame Avenue South Bend, IN 46617

GOALS AND LEARNING OBJECTIVES

At the conclusion of this program, the participant should be able to:

- Develop competence in utilization of an ultrasound machine for sports ultrasound scanning;
- Acquire skills in standardized protocols and techniques for common sports ultrasound exams including: shoulder, wrist, knee, ankle, elbow and hip;
- Identify normal anatomy during sports ultrasound;
- Describe and explain the indications and benefits of sports ultrasound-guided injections;
- Formulate and apply appropriate record keeping, documentation and billing; and
- Develop an understanding of and acquire skills in basic sports ultrasound-guided injections.

REGISTRATION INFORMATION

CONFERENCE REGISTRATION

AMSSM Members	. \$1,450.00
Non-Members	. \$1,850.00

COURSE REGISTRATION DEADLINE: THURSDAY, JANUARY 2, 2020

CONFERENCE REGISTRATION:

- Online registration is encouraged. You have the option to pay by check or credit card when registering online. A receipt will be generated upon completion of your online registration. If paying by check, please include a copy of the registration receipt you received through email with your check payment to the AMSSM office.
- OR, print and fax/mail the registration form along with your payment to the AMSSM office. Please be aware that your spot will not be secured until your registration is processed.

American Medical Society for Sports Medicine 4000 West 114th Street, Suite 100 Leawood, KS 66211 (913) 327-1415 (Phone) (913) 327-1491 (Fax) Kristin Ragsdale • www.amssm.org

REGISTRATION INCLUDES:

- Conference and meeting materials
- Continental Breakfast: Saturday, January 11
- Continental Breakfast: Sunday, January 12

REFUND POLICY

NO REFUNDS WILL BE OFFERED FOR THIS COURSE.

The planners and sponsors of this event claim no liability for the acts of any suppliers to this meeting or the safety of any attendee at or while in transit to this event. The planners and sponsors reserve the right to cancel this event without penalty. Attendees who purchase non-refundable airline tickets do so at their own risk. The total amount of any liability of the planners and sponsors will be limited to a refund of the registration fee. Your submission of the registration form acknowledges acceptance of these terms.

IMAGE/LIKENESS/VOICE RELEASE

I understand and agree that, as a result of participating in an AMSSM conference, my image, likeness or voice may be recorded by photography, video or other medium. I hereby grant irrevocable and unrestricted permission to AMSSM and its representatives or assignees to use my image, likeness or performance in any medium and for any purpose. I hereby waive any right to inspect or approve such use of materials. Your submission of this registration form acknowledges acceptance of these terms.

HOTEL ACCOMMODATIONS

FAIRFIELD INN & SUITES SOUTH BEND AT NOTRE DAME

Conveniently located within walking distance to the educational activity located in Harper Hall at IU School of Medicine. A block of rooms has been reserved at the Fairfield Inn & Suites South Bend at Notre Dame at the room rates/ night listed below plus applicable taxes. The room rates do not include the applicable state and local taxes (currently 13.00%) in effect at the time of check-out. The Fairfield Inn & Suites requires a deposit for one night plus tax by credit card.

Room Type	Room Rate/Night (plus applicable taxes)
Standard Guest Room (King Bed)	\$129.00
Standard Guest Room (2 Queen Beds)	\$139.00

The Fairfield Inn & Suites South Bend at Notre Dame offers complimentary on-site parking as well as WiFi and hot breakfast for hotel guests.

ROOM RESERVATION DEADLINE:

Room/rate availability can only be guaranteed until December 11, 2019 OR UNTIL THE ROOM BLOCK IS SOLD OUT, WHICHEVER COMES FIRST. Please make your reservation early.

HOTEL CANCELLATION POLICY

Cancellation of room reservations must be received 48 hours prior to your arrival date or first night's room plus applicable taxes will be charged.

Check-in time is after 3:00 p.m. Check-out time is by 12:00 p.m. (Noon)

FOR RESERVATIONS

 Online Reservations: Making your reservations online is encouraged by the hotel. Online reservations will guarantee accurate booking and receipt of an electronic confirmation. Reservations can be made, modified or cancelled online using the following link:

Book your group rate for AMSSM South Bend Ultrasound Course

• Telephone Reservations: Please call (574) 228-2800 and request the room block group rate for the event "AMSSM South Bend Ultrasound Course".

Fairfield Inn & Suites South Bend at Notre Dame 1220 East Angela Blvd.

South Bend, IN 46617 (574) 234-5510 (Ask for Reservations)



PROGRAM

INDIANA UNIVERSITY SCHOOL OF MEDICINE • SOUTH BEND, INDIANA FRIDAY, JANUARY 10, 2020

		1 10, 2020		
1:00 p.m.	Registration			
1:30 p.m.	Welcome, Introduction, Overview	Stephen M. Simons, MD, FACSM, RMSK		
1:45 p.m.	Lecture: Basic Principles	Joel Kary, MD		
2:30 p.m.	Lecture: Knobology 101	David M. Harsha, MD		
3:00 p.m.	Lecture: Joint Injection Principles — Indications for Ultrasou	ındFrancis G. O'Connor, MD, MPH, RMSK		
3:30 p.m.	BREAK			
3:45 p.m.	Scan Demonstration: Principles	Stephen M. Simons, MD, FACSM, RMSk		
4:15 p.m.	Hands-on Scanning			
5:00 p.m.	Optional Scan Demonstration: Percutaneous Tenotomy			
6:00 p.m.	Recess			
	SATURDAY, JANUAF	RY 11, 2020		
7:30 a.m.	n. CONTINENTAL BREAKFAST/Questions from Friday's Session			
8:00 a.m.	Instruction for Day			
	(For subsequent sessions: Attendees will be divided into G GROUP A	roup A and Group B) GROUP B		
8:15 a.m.	Scan Demonstration: Shoulder	Joint Injection LabAll Faculty		
8:45 a.m.	Hands-on Scanning: ShoulderAll Faculty	Joint Injection Lab		
10:00 a.m.	BREAK			
	GROUP A	GROUP B		
10:15 a.m.	Scan Demonstration: Elbow/Wrist/HandAll Faculty	Joint Injection Lab		
10:45 a.m.	Hands-on Scanning: Elbow/Wrist/HandAll Faculty	Joint Injection Lab		
12:00 p.m.	LUNCH (on your own)			
	GROUP A	GROUP B		
1:15 p.m.	Joint Injection Lab	Scan Demonstration: Shoulder		
1:45 p.m.	Joint Injection Lab	Hands-on Scanning: Shoulder		
3:00 p.m.	BREAK			
	GROUP A	GROUP B		
3:15 p.m.	Joint Injection LabAll Faculty	Scan Demonstration: Elbow/Wrist/HandAll Faculty		
3:45 p.m.	Joint Injection Lab	Hands-on Scanning: Elbow/Wrist/HandAll Faculty		
4:45 p.m.	Review, Wrap-Up, Questions Shoulder: ACJ, GHJ, SAB Wrist: Carpal Tunnel, Wrist Joint, deQuervains, CMC Knee Hip Ankle/Foot: Ankle, MTP, Peroneal/Posterior Tibialis Format Live Demonstration (for landmarks, techniques) Cadaver Demonstration of Injection Cadaver Practice	Stephen M. Simons, MD, FACSM, RMSK		
5:00 p.m.	Recess			

PROGRAM

INDIANA UNIVERSITY SCHOOL OF MEDICINE • SOUTH BEND, INDIANA SUNDAY, JANUARY 12, 2020

7:30 a.m.	CONTINENTAL BREAKFAST/Questions from Saturday's Session	
8:00 a.m.	Lecture: Administration — Billing, Coding, Documentation	J. Bryan Dixon, MD
8:30 a.m.	Scan Demonstration: Hip/Knee	Joel Kary, MD
9:00 a.m.	Hands-on Scanning: Hip/Knee	All Faculty
10:00 a.m.	BREAK	
10:15 a.m.	Scan Demonstration: Ankle/Foot	Stephen M. Simons, MD, FACSM, RMSk
10:45 a.m.	Hands-on Scanning: Ankle/Foot	All Faculty
11:45 a.m.	Wrap-Up/Questions	
12:00 p.m.	Adjourn	

AMSSA AMERICAN MEDICAL SOCIETY FOR SPORTS MEDICINE

AMSSM/SOUTH BEND SPORTS ULTRASOUND; INCLUDING INJECTIONS BEGINNING LEVEL COURSE

INDIANA UNIVERSITY SCHOOL OF MEDICINE • SOUTH BEND, IN JANUARY 10-12, 2020



REGISTRATION FORM

Please register online at www.amssm.org to reserve a place at the conference. By completing online registration, you have the option to pay by check or credit card. A receipt will be generated upon completion of your online registration. If you prefer to fax or mail in your registration, please be aware that your spot will not be held until your registration is processed. To guarantee registration, register online and pay by check or credit card. For mailed or faxed registrations, please return the form below—type or print legibly. One form must be completed for each registrant. The registration deadline is January 2, 2020. Register early! Meeting space is limited.

REGISTRATION INFORMATION (Mailing address listed will be placed	ced on the participants' list)			
Full Name				
Registrant's Mailing Address Line 1				
Mailing Address Line 2				
City State/Province	Postal Code Country (if outside USA)			
Office Phone Office Fax	Cell Phone			
REGISTRATION RECEIPT WILL BE EMAILED TO THE EMAIL ADDRES	SSES LISTED BELOW			
Registrant's Email Address:	For reimbursement purposes, please email my receipt to:			
BADGE INFORMATION	PHYSICAL OR DIETARY REQUIREMENTS			
	Please check here if you have physical or dietary			
Nickname or First Name	requirements (not food preferences) which require			
	accommodation in order to fully participate in this activity.			
First Name Last Name Degree	Please list requirements:			
Campagy/Affiliation				
Company/Affiliation				
City State Postal Code				
REGISTRATION FEE • ADVANCE REGISTRATION DEADLINE: JANU	JARY 2, 2020			
AMSSM Member Registration				
Non-Member Registration				
ACCEPTANCE OF COURSE REFUND POLICY AND PAYMENT METHO COURSE REFUND POLICY: No refunds will be offered for this course. The planners and sp				
or the safety of any attendee at or while in transit to this event. The planners and sponsors reserve the right to cancel this event without penalty. Attendees who purchase non-refundable airline tickets do so at their own risk. The total amount of any liability of the planners and sponsors will be limited to a refund of the registration fee.				
	endee's Signature:			
Visa MasterCard Discover American	Express Check Payment (payable to AMSSM)			
Credit Card Number	Expiration Date (mm/yy)			
Security Code (CVV) (last 3 digits on back; 4 digits on front of AME	:X)			
Cardholder's Name	Cardholder's Signature			
For information and if mailing or faxing your registration	ion, return this form and payment to:			
AMSSM 4000 W. 114th Street, Ste. 100 Leawood, KS 66211 (913) 327-1415 (Phone) (913) 327-1491 (Fax) Email: kragsdale@amssm.org				

Secured registration is available online at www.amssm.org