

## COURSE DESCRIPTION


Designed for Nurses and APPs specializing in Neonatology, this continuing education meeting addresses clinical best practices across a broad array of topics involving the care of infants. This live activity will include didactic lectures, case presentations and Q&A sessions to create a highly interactive environment for the learners.

## COURSE OBJECTIVES

At the conclusion of this program, participants should be able to:

- Describe the criteria for whole body cooling in neonates with suspected hypoxic ischemic encephalopathy;
- Explain the benefits of using non-invasive respiratory support to decrease BPD morbidity risk;
- Summarize the principles of antibiotic stewardship in the neonatal intensive care unit;
- Utilize evidence-based recommendations to promote growth and nutrition in the very low birth weight infant;
- Recognize the essentials of clinical assessment, pharmacologic management, and non-pharmacologic management of infants with neonatal abstinence syndrome;
- Explain the key features and facilitators of best practices in neonatal palliative care and bereavement.

## ACCREDITATION STATEMENT

 This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Indiana University School of Medicine and Indiana University Health. The Indiana University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

## DESIGNATION STATEMENT

The Indiana University School of Medicine designates this live activity for a maximum of *7.25 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## FACULTY DISCLOSURE STATEMENT

In accordance with the Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support, educational programs sponsored by the Indiana University School of Medicine must demonstrate balance, independence, objectivity, and scientific rigor.

## NURSING EDUCATION STATEMENT

Indiana University Health is an approved provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.  
(OBN-001-91) (OH-412, 6/1/2019)

Nurses will be awarded 7.16 contact hours for time in attendance and submission of an evaluation.



INDIANA UNIVERSITY  
DIVISION OF CONTINUING MEDICAL EDUCATION  
School of Medicine

410 West 10th Street, HS 2100  
Indianapolis, IN 46202

Riley Hospital for Children

FIRST ANNUAL  
**Neonatal Nursing Conference**

Give Me Something I Can Use –  
Best Practices and Clinical Tools

TUESDAY, SEPTEMBER 18, 2018

<https://cme.medicine.iu.edu>



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School of Medicine

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Continuing Medical Education

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FIRST ANNUAL  
**Neonatal  
Nursing  
Conference**

Give Me Something  
I Can Use – Best Practices  
and Clinical Tools

TUESDAY,  
SEPTEMBER 18, 2018

7:15 AM – 4:45 PM

IU Health Neuroscience  
Center – Goodman Hall

362 West 15th Street  
Indianapolis, IN 46202



Give Me  
Something  
I Can Use –  
Best Practices  
and Clinical  
Tools



Riley Children's Health  
Indiana University Health

## AGENDA • Tuesday, September 18, 2018

7:00 AM	<b>REGISTRATION &amp; CONTINENTAL BREAKFAST</b>
7:45 AM	<i>Welcome</i> <b>Anne Jorgensen, RN, MS, NNP</b>
8:00 AM	<i>Riley's Maternity and Newborn Health Center — A Comprehensive Plan to Improve Perinatal and Newborn Outcomes in Indiana</i> <b>David Boyle, MD</b>
9:00 AM	<i>Hypoxic Ischemic Encephalopathy — What's New and Cool!</i> <b>Ulrike Mietzsch, MD, and Mary Beth Koch, DNP, NNP-BC, C-NPT</b>
10:00 AM	<b>BREAK</b>
10:20 AM	<i>BPD: Rates, Causes, and Consequences and the Role of Non-Invasive Respiratory Support in Decreasing the BPD Burden</i> <b>Rebecca S. Rose MD, MS, and Andrew Chastain, MSPAS, RRT-NPS, PA-C</b>
11:15 AM	<i>Antibiotic Stewardship in the NICU</i> <b>Katie Malloy, PharmD, BCPS, and Chad Sikora, RN, MSN, NNP-BC</b>
12:15 PM	<b>LUNCH (Provided)</b>
1:15 PM	<i>Neonatal Abstinence Syndrome — Providing Family Centered Care</i> <b>Emily Scott, MD, FAAP</b>
2:15 PM	<b>BREAK</b>
2:35 PM	<i>Optimizing Nutritional Management in Very Low Birth Weight Infants</i> <b>Elizabeth Parobecek, RN, MSN, NNP-BC</b>
3:30 PM	<i>Palliative Care and Bereavement in the NICU — Best Practices</i> <b>Jason Niehaus, MD, and Allison Allen, RN, BSN</b>
4:30 PM	<i>Wrap Up</i>
4:45 PM	<b>ADJOURN</b>

## FACULTY

### Allison Allen, RN, BSN

Charge Nurse  
ECMO Tech  
Riley Hospital for Children at Indiana University Health

### David Boyle, MD

Professor of Pediatrics  
IU School of Medicine  
Associate Chief, Division of Neonatal–Perinatal Medicine,  
Department of Pediatrics  
Co-Medical Director, Riley Maternity and Newborn Health  
Medical Director, The Fetal Center at Riley Children's Health  
Riley Hospital for Children at Indiana University Health

### Andrew Chastain, MSPAS, RRT-NPS, PA-C

Director, Neonatal Physician Assistant Residency Program  
Department of Pediatrics, Section of Neonatology–Perinatal  
Medicine  
Riley Hospital for Children at Indiana University Health

### Anne Jorgensen, RN, MS, NNP

Conference Chair  
Neonatal Advanced Practice  
Director, Professional Practice, Education, and Research  
Division of Neonatal–Perinatal Medicine  
Riley Hospital for Children at Indiana University Health

### Mary Beth Koch, DNP, NNP-BC, C-NPT

Neonatal APP Transport and Education Manager  
Division of Neonatal–Perinatal Medicine  
Riley Hospital for Children at Indiana University Health

### Katie Malloy, PharmD, BCPS

NICU Pharmacist  
Riley Hospital for Children at Indiana University Health

### Ulrike Mietzsch, MD

Assistant Professor of Clinical Pediatrics & Clinical Neurology  
IU School of Medicine  
Director Neuro NICU  
Department of Pediatrics, Section of Neonatology–Perinatal  
Medicine,  
Riley Hospital for Children at Indiana University Health

### Jason Niehaus, MD

Assistant Professor of Clinical Pediatrics  
IU School of Medicine  
Division of Neonatal–Perinatal Medicine  
Associate Fellowship Director, Neonatal–Perinatal Medicine  
Riley Hospital for Children at Indiana University Health

### Elizabeth Parobecek, RN, MSN, NNP-BC

Riley Hospital for Children at Indiana University Health  
Division of Neonatology

### Rebecca S. Rose, MD, MS

Assistant Professor of Clinical Pediatrics  
IU School of Medicine  
Interim Associate Medical Director, Riley Hospital Newborn  
Intensive Care Unit  
Medical Director, NNP Program  
Riley Hospital for Children at Indiana University Health

### Emily Scott, MD, FAAP

Assistant Professor of Pediatrics  
Department of Pediatrics

### Chad Sikora, RN, MSN, NNP-BC

Advanced Practice Providers Clinical Operations Manager  
Riley Hospital for Children at Indiana University Health  
Division of Neonatology

## LOCATION AND PARKING

This conference will be in Goodman Hall at IU Health Neuroscience Center located in downtown Indianapolis at 362 West 15th Street, just south of Indiana University Health Methodist Hospital. Parking is available for a nominal fee (\$5.00) in the attached parking garage.

## REGISTRATION FEES

Lunch is included.

- \$100 Nurses and Advanced Practice Providers
- \$125 Physicians
- \$75 Students, Residents and Fellows

**Seating limited. Please register early.**

Register and pay online using MasterCard, Visa, American Express or Discover **before September 13, 2018** at:

<https://iu.cloud-cme.com/FirstNeonatal>



**All registration fees refunded for cancellations made before September 11, 2018.**

## FURTHER INFORMATION

Indiana University School of Medicine  
Division of Continuing Medical Education  
410 W. 10th Street, HS 2100  
Indianapolis, IN 46202

(317) 274-0104 • Nationwide: (888) 615-8013

For other CME offerings, please visit our Website:

<http://cme.medicine.iu.edu/courses>



We want everyone to feel welcome at this and other CME events. If you have a disability and need an accommodation to participate in this program, we will try to provide it. Please contact the CME office at (317) 274-0104 before you come to the event. At least 72 hours' notice may be necessary.