

57th Annual Riley Children's Health Pediatric Conference

Pediatricians, family medicine physicians, nurse practitioners, residents and allied health professionals are invited to register for the 57th Annual Riley Children's Health Pediatric Conference. The virtual conference is May 11 – 12, 2022, and is held live via Zoom. A total of 7.25 CME credits is available.



To register for this year's conference or learn more, visit iu.cloud-cme.com/57RileyPediatrics.

Agenda Wednesday, May 11, 2022 | 8 am – 1:30 pm

PLENARY 1:



8 – 8:50 am

Talk Title: Kale to Action, or Kale it Quits? Vegetarian Diets in Children

Objective: Discuss epidemiology of vegetarian diets in children. Describe data on nutrient and growth concerns in vegetarian children. Review basic counseling a pediatrician can provide to vegetarian children.

**Charles
Vanderpool, MD**

HOT TOPICS:



9 – 9:45 am

Talk Title: A Primary Approach to Headaches in Children and Adolescents

Objective: To discuss reasonable approaches to acute and preventative migraine medications in pediatrics. Discuss the initial evaluation of the headache patient. Review the diagnostic approach to headaches. Review migraine diagnosis and considerations. Discuss medical, acute and preventative, and non-medical treatments for migraine.

**Christopher
Jackman, MD**



9:55 – 10:40 am

Talk Title: Preventing Heart Disease Begins in Childhood

Objective: Understand the evidence that atherosclerotic cardiovascular disease (ACVD) begins in childhood. Identify cardiometabolic risk factors in childhood, including lipid screening. To be able to implement early intervention in the primary care setting against cardiometabolic risk factors, and when to refer to a specialist.

**Jacqueline
Maiers, MD**



10:50 – 11:35 am

Talk Title: New Best Practices for Adolescent Health – Delivering Clinical Care Outside the Clinic

Objective: Identify strategies outside of the clinical space to improve access to and delivery of healthcare to your adolescent patients.

**Rebekah Williams,
MD, MS, FAAP**

PLENARY 2:



11:45 am – 12:35 pm

Talk Title: Best Practices in Pediatric Anxiety and Depression

Objective: Be familiar with mental health resources available to pediatricians including guidelines and the Indiana Behavioral Health Access Program for Youth. Be familiar with and enhance their use of standardized assessments for anxiety and depression in children and adolescents. Increase comfort in use of first and second line pharmacologic treatments for anxiety and depression.

**Rachel
Yoder, MD**

12:45 – 1:15 pm

Break Out Rooms for Community Resources and Specialty Physicians Meet and Greet Sessions



Riley Children's Health
Indiana University Health



SCHOOL OF MEDICINE
INDIANA UNIVERSITY

PLENARY 3:



8 – 9 am

Talk Title: Is COVID-19 the Only New Thing in Pediatric Infectious Diseases This Year?

Objectives: Knowledge on the most recent developments regarding COVID-19 in children. Recognize the significance of the emergence of resistance and strategies to treat and prevent infections. A better understanding of the changing epidemiology of pediatric pathogens resulting in changes in treatments and prevention.

John Christenson, MD

INTERACTIVE LECTURES – CHOOSE 1

Session 1:
9:10 – 10 am

Session 2:
10:10 – 11 am

Session 3:
11:10 am – noon

INTERACTIVE SPEAKERS:



Parisa Mansoori, MD



Lynne Sturm, PhD, HSPP

Talk Title: Vaccine Hesitancy: What's Changed with COVID-19

Objective: To review the range of attitudes towards vaccination of children and how to communicate with caregivers.



Emily Scott, MD, MS, IBCLC, FAAP

Additional speakers: Laura Black, MD; Bittu Majmudar-Sheth, MD; Laurie Niederhauser, PT; Annie Lynch, OT

Talk Title: No More “Wait and See” – Identifying Cerebral Palsy in the First Year of Life

Objective: Learn the pathway to early diagnosis of cerebral palsy in the first year of life.



Sara Naramore, MD



Erin Phipps, MD

Talk Title: Slowing the Epidemic- Guidance on Treating Childhood Obesity

Objective: Describe three lifestyle modifications to treat childhood obesity.



Julia LaMotte, PhD, HSPP



Brett Enneking, PsyD, HSPP

Talk Title: From Threenagers to Teenagers: Fostering Flexibility and Growth in Pediatric Patients

Objective: Attendees will be able to identify practical strategies to support flexibility, resilience and growth in pediatric patients from preschool through adolescence.



Levi Funches, MD

Talk Title: Together We Can: Partnering with the Community to Engage with Fathers and Families

Objective: Participants will better understand how to work within the community to benefit the overall health of male caregivers and the family.

Noon – 12:30 pm

Lunch and Breakout Rooms for Community Resources and Specialty Physician Meet and Greet Session

PLENARY 4:



Samina Bhumbra, MD

Talk Title: Multisystem Inflammatory Syndrome in Children: Three years in and so much to learn still

Objective: The risk factors associated with developing and the common presentations of MIS-C as well as the shortcomings of diagnostic testing and the clinical definition for MIS-C. Current management approaches to manage MIS-C. The frequency of long-term sequelae and what we should anticipate in children diagnosed with MIS-C (ie immunologic, cardiac, behavioral). MIS-C and COVID-19 immunization.

