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## Annual Vascular Symposium: Emphasis Primary Care

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Indiana University Health

# Annual Vascular Symposium: Emphasis Primary Care

## Course Description

The program is a multidisciplinary approach to vascular care and treatment. Based on survey comments from last year's program, we have noted the topic suggestions and engaged those specialists in this year's program to reflect those suggestions.

The purpose of this symposium is to develop a platform to provide ongoing educational opportunities and the potential for consultation by experts in the field. The overarching goal of the symposium is to improve the quality of initial and consultative care provided to patients with vascular disease, both arterial and venous, that will enhance their quality of life and in some cases, preserve life and limb. This symposium will enable us to disseminate knowledge regarding advancements in the care of patients with acute and chronic venous disease; carotid disease manifest as bruit, stroke, transient ischemia and/or amaurosis fugax; limb threatening ischemia; abdominal aortic aneurysmal disease and renal failure with a focus on dialysis access and maintenance.

We believe that we must address aspects of care which are integral to the primary care of afflicted patients whether that care be provided by physician, podiatrist, pharmacist, PA/NP, nurse or wound care specialist. Some topics of interest will include: how and when to use the new oral anticoagulants in the acute and chronic care of deep venous thrombosis (including the pregnant patient); when to screen for carotid occlusive disease or AAA and new avenues of interventional care which might be unfamiliar to some care providers; treatment of the diabetic foot infection or venous ulcer with next best steps in care and tips on caring for the dialysis patient (medical and surgical). When available, evidence-based guidelines form the basis for up-to-date standards of best care.

The aim is to provide the primary care provider with the tools to best treat in a venue which allows open discussion (break-out sessions) and access to the experts with whom they may want to consult in the future. A list of the speakers with contact information will be provided for later communications. A memory stick will contain the presentation slides and other pertinent information. We look forward to an exciting interchange and robust discussion of factors that may aid in implementing the topics discussed and in those factors which may inhibit such care.

**Friday, April 28  
2017**

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# Encouraging next steps in venous disease care

## Course Objectives

**At the conclusion of this program and based on current practice guidelines, participants should be able to:**

- Discuss the use of the newer anticoagulants in their patients. They will feel comfortable with the standard method of treating pregnant patients with VTE and use this knowledge for the betterment of their patients.
- Eliminate saphenous reflux to prevent recurrent venous ulceration in the patient and, if iliofemoral venous occlusive disease is present in your patient with recurrent venous ulceration, suggest venous placement based on societal practice guidelines.
- Describe the options available for patients with carotid artery occlusive disease to provide best prevention of recurrent stroke, TIA, and/or amaurosis fugax.
- Identify the options available for patients with AAA disease and understand the risk and benefits of each approach.
- Recognize when it is important to consider dialysis access needs in the patient with chronic renal insufficiency and what the best options are.

## Accreditation Statement



The Indiana University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## Designation Statement

The Indiana University School of Medicine designates this live activity for a maximum of 8.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Faculty Disclosure Statement

In accordance with the Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support, educational programs sponsored by the Indiana University School of Medicine (IUSM) must demonstrate balance, independence, objectivity and scientific rigor. All faculty, authors, editors and planning committee members participating in an IUSM-sponsored activity are required to disclose any relevant financial interest or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services that are discussed in an educational activity.

## Location

The Symposium will be held at Hine Hall, University Conference Center, 875 West North Street, Indianapolis, Indiana. Parking is available directly under the Hine Hall side of the facility at the corner of North and Blake Street.



# Encouraging Next Steps in Venous Disease Care

Friday, April 28, 2017

## AGENDA

7 – 8 am	<b>SIGN IN/BREAKFAST/MINGLE</b>
8 – 8:05 am	<b>Michael C. Dalsing, M.D., Vascular Surgery</b> Welcome Introduction/Purpose and Goals of this Educational Symposium
8:05 – 8:10 am	Greetings from IU Health <b>Ryan Nagy, M.D.:</b> Best Care, Patient Centered
	<b>UPDATE ON VENOUS THROMBOEMBOLISM:</b> Moderator Dr. Dalsing
8:10 – 8:30 am	<b>Daniel Belcher, M.D., Internal Medicine</b> New Anticoagulants and the Elderly Population, to switch or not: A perspective from the trenches
8:30 – 9 am	<b>Sherrine Ibrahim, M.D., Obstetrics &amp; Gynecology, Maternal &amp; Fetal Specialist</b> DVT in Pregnancy: diagnosis, treatment before and after delivery
9 – 9:30 am	<b>Alexander J. Ansara, PharmD, BCPS-AQ</b> The New Oral Anticoagulants: How they work, how to prescribe, monitor and reverse
9:30 – 10 am	<b>Naveen Manchanda, M.D., Hematology/ Oncology</b> VTE Special Cases: Prophylaxis (long trips), Prescribing in Cancer/ HIT/ upper extremity DVT/SVT, role of Aspirin
10 – 10:30 am	<b>Daren Beam, M.D., Emergency Medicine</b> Treating VTE as an Outpatient: Risks, benefits, how long, role of thrombolysis?
10:30 – 10:45 am	<b>BREAK/ REFRESHMENTS</b>

10:45 – 11:10 am	Breakout Session: (4 Groups- one panelist per group) Discussion of Challenges in your own practice, pertinent questions, self-assessment question
	<b>ABDOMINAL AORTIC ANEURYSMS AND CAROTID OCCLUSIVE DISEASE: Moderator Dr. Belcher</b>
11:10 am – 11:30 am	<b>Michael Murphy, M.D., Vascular Surgery</b> AAA: The Dilemma of Screening
11:30 – noon	<b>Andres Fajardo, M.D., Vascular Surgery</b> Changing Approach to Aortic Aneurysmal Disease
Noon – 12:20 pm	<b>James Fleck, M.D., Neurology</b> Screening for Carotid Artery Disease: Is it useful?
12:20 – 12:50 pm	<b>Raghu Motaganahalli, M.D., Vascular Surgery</b> Evolving Options for Carotid Revascularization
12:50- 1:30 pm	<b>LUNCH/MINGLE</b>
1:30 - 1:50 pm	Panel for AAA and Carotid presentation: Pertinent Questions, Self-assessment, question review
	<b>LOWER LEG VASCULATURE/ INFECTIONS AND DIALYSIS:</b> Moderator Dr. Motaganahalli
1:50 - 2:15 pm	<b>Tarick Abdo, DPM, Podiatry</b> Prevention and Treatment of Diabetic Foot Infections
2:15 – 2:40 pm	<b>Michael C. Dalsing, M.D., Vascular Surgery</b> The Venous Ulcer: Get rid of it

**AGENDA continued**

2:40 – 3:10 pm	<b>Alan Sawchuk, M.D., Vascular Surgery</b> Vascular Occlusive Disease: Options and Expectations in the face of infection
3:10 – 3:35 pm	<b>Elizabeth Altenburger, PhD., Wound Care</b> Wound Care: So many options, what really works for leg wounds?
3:35 – 4:05 pm	<b>Michael Kraus, M.D., Nephrology</b> The Dialysis Patient: care tips for your patient
4:05 – 4:35 pm	<b>Gary Lemmon, M.D., Vascular Surgery</b> The Dialysis Patient: Access options
4:35 – 5:05 pm	Breakout Session: Discussion of challenges in your own practice, pertinent questions, self-assessment questions and discussion with panel
5:05- 5:15 pm	<b>Michael C. Dalsing, M.D., Vascular Surgery</b> Closing comments and thank you
5:15 – 6:15 pm	Wine and cheese, door prizes, and meet the faculty and other attendees

**CHAIR**

**Michael C. Dalsing, MD**  
Vascular Surgery

**Champions**

**Tarick Abdo, DPM**  
Podiatry

**Elizabeth Altenburger, PhD**  
Wound Care

**Alexander J. Ansara, PharmD, BCPS-AQ**  
Pharmacist

**Daniel W. Belcher, MD**  
Internal Medicine/Primary Care

**Andres Fajardo, MD**  
Vascular Surgery

**James Fleck, MD**  
Neurology

**Sherrine A. Ibrahim, MD**  
OB/GYN, Maternal & Fetal Specialist

**Daren M. Beam, MD**  
Emergency Medicine

**Michael A. Kraus, MD**  
Nephrology

**Gary Lemmon, MD**  
Vascular Surgery

**Naveen Manchanda, MD**  
Hematology/ Oncology

**Raghu Motaganahalli, MD**  
Vascular Surgery

**Michael Murphy, MD**  
Vascular Surgery

**Ryan Nagy, MD**  
Chief Medical Officer AHC


**Alan Sawchuk, MD**  
Vascular Surgery

**Contact Information**

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 We want everyone to feel welcome at this and other CME events. If you have a disability and need an accommodation to participate in this program, we will try to provide it. Please contact the CME office before you come to the event. At least 72 hours notice may be necessary.

# Annual Vascular Symposium: Emphasis Primary Care

**Friday, April 28  
2017**

**Register online at:** <https://iu.cloud-cme.com/aph.aspx?P=5&EID=36486>

*After April 24, 2017, please register at the door.*

There is no registration fee for this program; however, pre-registration is appreciated.



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